

Warwickshire Safe Haven

Coventry and Warwickshire Mind are pleased to announce the opening of a new service which launched 2nd April 2020.

The Warwickshire Safe Haven will offer mental health support from 6pm-11pm every Thursday to Sunday evening.

Currently support is provided by telephone/text/email with a view to being provided face to face once government guidance allows.

Warwickshire Safe Haven aims to help those who might be finding it difficult to cope and need support when other services are closed. Wellbeing practitioners can provide a reassuring chat, signposting and guidance on building coping strategies to manage both mental and emotional wellbeing.

Please see the attached flyer (two versions attached: double A5 flyer for printing, and a side by side version for embedding in to email/use within social media) or our website for more details.

<https://cwmind.org.uk/warwickshire-safe-haven-nuneaton/>

Tel 02477 714554 or mobile 07970 042270

Email safehaven@cwmind.org.uk

Regards

Fiona Palmer Service Manager

Gary Bromley Deputy Manager

CW Mind Service Launch!



The Safe Haven is a service
for people who...

Feel as though they
are unable to cope

May not know
where to start
looking for help

Need out of
hours mental
health support

Wellbeing practitioners will be
available via phone, video link,
text message or email.

Contact the team in the following
ways:

T: [02477 714554](tel:02477714554)

M: [07970 042270](tel:07970042270)

E: safehaven@cwmind.org.uk

The Safe Haven Team will
provide reassuring support to
those finding life difficult.

Wellbeing practitioners will guide
towards creating coping
strategies which support the self
management of mental health
and emotional wellbeing

Safe Haven Warwickshire

Safe Haven provides an out of
hours mental health support
service to people across
Warwickshire

Wellbeing practitioners are on
hand each evening to offer
support and signposting

Open: 6pm-11pm every Thursday
to Sunday

 **mind** | Coventry and
Warwickshire