

February 2016

The Impact of Care-giving on Loneliness and Isolation

Can we help you? Can you help us?

Dear Sir/Madam

In partnership with Public Health Warwickshire, Age UK Warwickshire is undertaking a countywide study aimed at the unmet needs of carers, specifically who are experiencing social isolation and loneliness as a direct result of their care-giving role. We are aware that so many carers still feel that their concerns are being ignored, and that access to appropriate emotional and social support which may reduce isolation is not easy to access.

Our aim is to fully involve you in the development in any new proposed services, in order to ensure that you are listened to and for us to advise our Public Health partners of any gaps which can then influence the design of future services.

Initially we would like to work with you in small group sessions ideally as part of your Carer Support Meeting. As the study progresses, we will be offering you the opportunity of a home visit.

If and when required, Age UK Warwickshire will offer you that emotional, social or practical support which in turn may help to alleviate both loneliness and isolation.

If you require any further information please do not hesitate to contact me.

Yours sincerely

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